

**Dish: Ep 11, 17 August 2022**  
**Jamie Laing and a watermelon salad**

<b>DIALOGUE</b>
<b>Nick Grimshaw</b> Hello. I'm Nick Grimshaw.
<b>Angela Hartnett</b> And I'm Angela Hartnett.
<b>Nick Grimshaw</b> Obi-Wan Ken-OBE
<b>Angela Hartnett</b> Genius.
<b>Nick Grimshaw</b> Yeah, you like that? That kind of works. Yeah. Anyway, welcome to Dish from Waitrose, the podcast that celebrates the fun things in life. Eating, drinking, my skill set with wordplay and chatting.
<b>Angela Hartnett</b> Every episode we welcome a famous face round for a meal.
<b>Nick Grimshaw</b> Not just any meal, a Michelin Star meal.
<b>Angela Hartnett</b> Which you can try for yourself at <a href="http://waitrose.com/dishrecipes">waitrose.com/dishrecipes</a> .
<b>Nick Grimshaw</b> Dish recipes.
<b>Angela Hartnett</b> Dish recipes.
<b>Nick Grimshaw</b> What we having?
<b>Angela Hartnett</b> So today, we are going to have a watermelon, roasted pepper, and mozzarella salad. But I've changed it slightly. And I've changed that mozzarella to feta because I think it's really nice and salty.
<b>Nick Grimshaw</b> Yeah. With the watermelon.
<b>Angela Hartnett</b> And then. Exactly. And then we've got some lovely red onions. We got some olives, we got roasted red peppers, basil and mint to finish it, a little dressing. But I've done it, I've been your sous chef today.
<b>Nick Grimshaw</b> Yeah you've sort of put it in little bowls.
<b>Angela Hartnett</b> And now you have to be the head chef and make it all work together.
<b>Nick Grimshaw</b> Put the small. This is how I like to cook. Do you know what I mean, go to the kitchen and everyone's...
<b>Angela Hartnett</b> Me as your commie every day.

<b>Nick Grimshaw</b> Yeah you put everything into little bowls.
<b>Angela Hartnett</b> Hello Mr Grimshaw, what time would you like me to start today?
<b>Nick Grimshaw</b> It's like how they cook on This Morning. And everything's in a glass bowl.
<b>Angela Hartnett</b> Oh, they love it.
<b>Nick Grimshaw</b> They love it. Right so we cutting the watermelon first?
<b>Angela Hartnett</b> Yeah. So basically, if you sort of think that's... I've torn the bread, I've done that prep for you, chef. So around that sort of size and you're going to put it all in this bowl and I'm going to make a little, a lovely dressing for you.
<b>Nick Grimshaw</b> Okay. I do love a salad.
<b>Angela Hartnett</b> As much peppers in, watermelon...
<b>Nick Grimshaw</b> How would you like the watermelon cut?
<b>Angela Hartnett</b> Um a bit bigger than this I think.
<b>Nick Grimshaw</b> Okay so like chunky, not uniform.
<b>Angela Hartnett</b> Yeah, chunky. Not uniform. None of that nonsense.
<b>Nick Grimshaw</b> No, no. We don't like that.
<b>Angela Hartnett</b> Right. And I'm going to do a little dressing. The one thing my mum always did and I haven't got it here, I'm going to get it. She would make this, like this. So ,vinegar, olive oil, quite a lot of olive oil, spoon of Dijon. And then she put a clove of garlic just a clove to marinate in it and she'd leave that in the fridge and you can have it all week.
<b>Nick Grimshaw</b> And the garlic just...
<b>Angela Hartnett</b> Infuses. Yeah. Just infuses, not chopped.
<b>Nick Grimshaw</b> That is a really good...
<b>Angela Hartnett</b> Very French, very Italian, very mama Juliana tip.
<b>Nick Grimshaw</b> And then we've got some of those nice red peppers.
<b>Angela Hartnett</b> You can do your own, but if you've got a jar, why not? And Waitrose do them ready made, all done. And all I've done is roast

them a little bit longer so they have a bit more smoky flavour. So, they're going to go in there rather than you just eating all your...
<b>Nick Grimshaw</b> I'm just trying. Sign of a good chef.
<b>Nick Grimshaw</b> Today our guest is very well heeled. He's of good stock, Angela, probably eats at Michelin Star restaurants most nights. He has a very sweet tooth, his own sweet company, and he's got about 15 podcasts. And his latest is all about his upcoming wedding. It is Jamie Laing everybody!
<b>Angela Hartnett</b> Oh, thank you.
<b>Nick Grimshaw</b> Oh, yeah. We love, Jamie's brought us sweets. I got e-ton mess.
<b>Angela Hartnett</b> Oh, very appropriate, sour watermelon.
<b>Nick Grimshaw</b> That's my nickname for Angela.
<b>Angela Hartnett</b> Oh, I see it's going to be one of those days. Don't touch me, don't touch me.
<b>Nick Grimshaw</b> Welcome, Jamie Lang.
<b>Jamie Laing</b> Thank you.
<b>Nick Grimshaw</b> Thanks for coming around to eat! We have made you a delicious salad. Angela did all the hard work. I mixed it.
<b>Jamie Laing</b> Did you mix it with your hands or?
<b>Nick Grimshaw</b> I did. And I washed them.
<b>Jamie Laing</b> Afterwards. Thank God.
<b>Nick Grimshaw</b> Before? Absolutely not. Angela said it adds to the flavour.
<b>Angela Hartnett</b> Extra seasoning.
<b>Nick Grimshaw</b> Let's go way back to the beginning. Let's talk Made in Chelsea, which you joined in, what 2011, 2012?
<b>Jamie Laing</b> Yeah, I think it was 2011, 2012. So it was going to be called, I think, Chelsea Girls at the beginning.
<b>Nick Grimshaw</b> Yeah.
<b>Jamie Laing</b> And a lot of my friends were signing up to it. And it was this reality show about posh kids, which sounds the worst idea in the world

and, everyone was asked to do it. And I was kind of, you know, I was friends with Spencer. And I kind of said, this is the worst idea that anyone's ever done. Why on earth would you do it? And then they did it for the first series. And I was like, that looks like a lot of fun. So then I went and did it and yeah, I did it for ten years.
<b>Nick Grimshaw</b> Wow.
<b>Jamie Laing</b> Yeah.
<b>Nick Grimshaw</b> So hang on. You didn't do the first series because you were like, cringe. And then when it's a success, you were like, sign me up.
<b>Jamie Laing</b> Yeah, yeah, yeah, yeah. I was like, you're all losers. Why would you do that?
<b>Nick Grimshaw</b> And then you're like, I'll do it just for a decade.
<b>Jamie Laing</b> Just going to dip my toe in, just test it out a little bit. Yeah. And then it was my life for ten years.
<b>Nick Grimshaw</b> But so loved and like one, Made In Chelsea was such a phenomenal runaway success. Like, everyone watched it.
<b>Jamie Laing</b> Well it was one of these things which was like, everyone has tough lives. Everyone, you know, works hard jobs and does different things. And then people were coming home and watching just posh idiots live off their parents money. And drink Champagne, and I was like surely this can't be a good idea. But I think what it was, which was interesting, it was that time when reality TV was, everyone loved it because it was an insight into everyone's lives. It was fun and interesting and all these...
<b>Angela Hartnett</b> But that's what it is. It's escapism in a way.
<b>Nick Grimshaw</b> Yeah.
<b>Jamie Laing</b> Yeah.
<b>Angela Hartnett</b> It's that sort of, you know, you're going into someone else's life, seeing how they live and it's like the Kardashians sort of way isn't it.
<b>Jamie Laing</b> Yeah apart from we're more I think...
<b>Angela Hartnett</b> Worse?
<b>Jamie Laing</b> Yeah we're just bigger knobs. Yeah, yeah, yeah that's literally it.
<b>Angela Hartnett</b> I love your honesty.

<b>Jamie Laing</b> Yeah, yeah. I remember one of these things called PAs, which is called personal appearances. And I... And we got invited down to go to Reading for a personal appearance, and I went with my friend Spencer. And Spencer was like, you're going to love it. This is where, he was like, when you get there, you're going to realise, we're famous. And I went okay, wicked. Anyway, Spencer on the way down, like, had a few drinks. He's getting more and more drunk. And I was like, this excited 21 year old like. Oh, my God, the lights, the cameras, Reading! It's going to be amazing. And we got there, Spencer was so drunk by this time, we had to, he said, oh, God, I need to get sober, sobered up before we go into this nightclub. So he went and bought a burrito. He was eating this burrito. Anyway, we get to this nightclub and they went 'welcome to the stage, Spencer Matthews' and he walked on the stage holding a burrito and the end of the burrito fell.. Everyone went, oh...still holding the burrito and I was like, this can't be my career. It was so embarrassing. So that was Made In Chelsea, but it was fine.
<b>Nick Grimshaw</b> I love it. So that was Made In Chelsea. The burrito.
<b>Angela Hartnett</b> Burritos in Reading yeah.
<b>Nick Grimshaw</b> I like the idea of queueing up to meet you and Spencer and a burrito.
<b>Angela Hartnett</b> Yeah exactly.
<b>Nick Grimshaw</b> Something for everyone.
<b>Jamie Laing</b> Yeah. Yeah.
<b>Nick Grimshaw</b> When you were doing Made In Chelsea, you knew Spencer before Made In Chelsea.
<b>Jamie Laing</b> So, so Spencer and I met. He, I was dating a girl. We're about 15 years old and he was dating her best friend. And, I hated him.
<b>Nick Grimshaw</b> Really?
<b>Jamie Laing</b> Yeah, yeah. Because he was, he's a douche bag and he, you know, he still is. Honestly, Spencer is, still is a complete douche bag. And we became friends just because he was just this mad, he was, he was bonkers in so many ways. He had this like mind that was just so different to everyone else. And so yeah, we became friends since we were about 15, 16 years old and then just have never stopped since then. And he, and he doesn't have any, even he admits it. We started a podcast called Six Degrees of Separation because I said, I basically Spencer you need more friends, his only friends are literally...
<b>Angela Hartnett</b> You.

<b>Jamie Laing</b> I was his only friend, so the point was going to find new friends.
<b>Angela Hartnett</b> Yeah. And have you?
<b>Jamie Laing</b> Well, not really. We interviewed Steve Carell.
<b>Angela Hartnett</b> Oh he's amazing.
<b>Jamie Laing</b> Oh, my God. He's the nicest guy. We interviewed him the other day. And what Spencer does, is he'll ask a question. So he'll say Nick, what did you have for breakfast? And before you answer, he'll go, 'I had...'. And, and so what happens is, by the end of the interview, Steve Carell said one word and then the guys who organise it came out and said, you should probably let the talent talk. Because otherwise you don't have an interview. So it's just Steve Carell sitting there and Spencer talking.
<b>Nick Grimshaw</b> But I love this podcast because that is, for anyone that's not heard it, I know millions have. Six Degrees of Separation, you've got to get hold of a celebrity. Through six people, or less. And you've got amazing people, haven't you? JLo.
<b>Jamie Laing</b> Samuel L. Jackson.
<b>Nick Grimshaw</b> Samuel L Jackson.
<b>Angela Hartnett</b> Yeah.
<b>Jamie Laing</b> We got, there's someone coming up that we potentially might get. but we might have Brad Pitt.
<b>Angela Hartnett</b> Oh, my God.
<b>Nick Grimshaw</b> Come on.
<b>Jamie Laing</b> And I said to my fiancée, I said, we've got Brad Pitt. And she said, can I just go into the room and smell him?
<b>Nick Grimshaw</b> Just to smell.
<b>Jamie Laing</b> You just want to smell him? Just want to smell him.
<b>Nick Grimshaw</b> Do you want to see if there's anyone that you've not been able to get hold of, that maybe Angela and I could work with?
<b>Jamie Laing</b> Do you think we should do a Six Degrees now?
<b>Nick Grimshaw</b> We could do.

<b>Angela Hartnett</b> We could try one.
<b>Nick Grimshaw</b> Because Angela has a lot of famous guests. I've met. You do! At restaurants.
<b>Angela Hartnett</b> Oh yeah, restaurants. Yeah. So I've got to know them.
<b>Nick Grimshaw</b> Yeah.
<b>Jamie Laing</b> Who's the most famous person who's stepped into your restaurant?
<b>Angela Hartnett</b> Sir Paul McCartney. Sir Michael Caine.
<b>Nick Grimshaw</b> Oh, yeah.
<b>Jamie Laing</b> Come on.
<b>Nick Grimshaw</b> Come on.
<b>Angela Hartnett</b> Yeah.
<b>Jamie Laing</b> What?
<b>Nick Grimshaw</b> So if Jamie and Spencer needed Paul, could you get Paul?
<b>Angela Hartnett</b> Oh. It would be a certain degree, it would have to be through...
<b>Jamie Laing</b> We are after singers, and the one that we were trying to get is Cher.
<b>Angela Hartnett</b> Oh, Cher.
<b>Nick Grimshaw</b> I've never interviewed Cher.
<b>Angela Hartnett</b> If you couldn't have Cher, who else?
<b>Nick Grimshaw</b> Yeah, who else?
<b>Jamie Laing</b> Elton John.
<b>Angela Hartnett</b> Oh God.
<b>Jamie Laing</b> Come on, you know Elton John?
<b>Nick Grimshaw</b> I don't have Elton John's number. Obviously. He did phone me once, though.

<b>Jamie Laing</b> No, he didn't.
<b>Nick Grimshaw</b> He did. And it was, it was on like a withheld number. And I had just hosted this Radio One teen awards event, and it was like we gave out awards to teenagers and he saw it and liked it. And someone contacted my manager's office and was like, oh, I'm calling from Elton John's office, can Elton have his number, he wants to ring him about the teen awards. He liked it. But my manager thought it was a joke because at the time I was doing a thing on a radio show, where I used to prank call people. And when he called, I was like, laying on my couch. I think in just like underpants and a t-shirt.
<b>Jamie Laing</b> Yeah.
<b>Nick Grimshaw</b> And I was watching Come Dine With Me.
<b>Jamie Laing</b> That is sexy.
<b>Nick Grimshaw</b> And when the phone rang, I was like, hello? And he was like, hello Grimmy it's Elton John. And I was like how Elton, how are you? He was like, are you busy? And I was like, yeah, but I've got a minute to chat.
<b>Jamie Laing</b> Because you panic.
<b>Nick Grimshaw</b> He was like, what are you doing? I was like, just work. And I was lying in my underpants watching Come Dine With Me on mute.
<b>Jamie Laing</b> Also, lying to Elton John does sound more impressive.
<b>Nick Grimshaw</b> He doesn't care.
<b>Jamie Laing</b> He doesn't care at all!
<b>Nick Grimshaw</b> Yeah, but I've got a minute. Why did I say that?
<b>Jamie Laing</b> He doesn't care. Wait, what did he say? What did he say?
<b>Nick Grimshaw</b> We've got a salad for you Jamie. What is in this delicious salad Angela? Even though I kind of made it.
<b>Angela Hartnett</b> You did make it. So we've got watermelon with roasted red peppers, feta cheese, basil and some toasted sourdough. And olives.
<b>Jamie Laing</b> Can I just say, fruit in salad? We like that?
<b>Angela Hartnett</b> Yeah, we do like that. Well, you tell me.
<b>Nick Grimshaw</b> It depends on the fruit if I'm honest. Yeah.



<b>Jamie Laing</b> Yeah. Waldorf salad? We like?
<b>Angela Hartnett</b> Like.
<b>Nick Grimshaw</b> Like. A classic.
<b>Jamie Laing</b> A classic. We...
<b>Angela Hartnett</b> Lovely. Thank you.
<b>Jamie Laing</b> Do you know what I found out? Little drops of heaven. Pomegranate seeds.
<b>Nick Grimshaw</b> Oh, yeah.
<b>Jamie Laing</b> Give me that with a little bit of lamb. Hello?
<b>Nick Grimshaw</b> Yeah. Come on. So you posed that question as if you weren't really up for eating this?
<b>Jamie Laing</b> Well, no, I just.
<b>Angela Hartnett</b> Yeah, exactly.
<b>Nick Grimshaw</b> You were like fruit in a salad.
<b>Angela Hartnett</b> Do we like that? Do want to pour Jamie some wine.
<b>Nick Grimshaw</b> Oh, yeah. We're going to have this with some, a little Rose, a Mirabeau, which Waitrose pairs with this salad.
<b>Jamie Laing</b> Rose is sneaky because it's a lot more higher alcohol than other things. So you get drunk much quicker on Rose without realising it.
<b>Angela Hartnett</b> Our secret name is Vino Collapso for rose.
<b>Nick Grimshaw</b> Vino collapso.
<b>Angela Hartnett</b> Because essentially, you know, you do collapse after lots of rose. Because also you drink it on holiday. Thirst quencher.
<b>Jamie Laing</b> Oh, my God.
<b>Nick Grimshaw</b> Don't you?
<b>Jamie Laing</b> Yeah, it's divine. Talking of alcohol, James Bond...
<b>Angela Hartnett</b> Yeah.

<b>Jamie Laing</b> We know and love him. He has a martini. Shaken, not stirred.
<b>Angela Hartnett</b> Yeah.
<b>Jamie Laing</b> Apparently the reason he has that, is because when you have a martini, shaken, not stirred, when you stir a martini, the ice, the water, the alcohol mixed together. When you shake a martini, the water sits on top of the alcohol so he's only sipping water pretending to get drunk.
<b>Angela Hartnett</b> Yes, it waters it down.
<b>Nick Grimshaw</b> He's such a good spy!
<b>Jamie Laing</b> He's so good!
<b>Angela Hartnett</b> He is. Secret Service, the best spy.
<b>Nick Grimshaw</b> Wow. That is so good!
<b>Angela Hartnett</b> Where are you getting married, first off?
<b>Jamie Laing</b> So we're doing it in Spain.
<b>Angela Hartnett</b> Spain? Why?
<b>Jamie Laing</b> My fiancée grew up there.
<b>Angela Hartnett</b> Okay.
<b>Jamie Laing</b> It's sort of grand so we're doing it there. Which seems romantic and fun, but getting married is so hectic.
<b>Angela Hartnett</b> No, but are you doing any of the planning or is your fiancée?
<b>Jamie Laing</b> She's not doing that much, I'm doing loads of it at the moment. She's more sitting back because, she said I wanted the big wedding, which is.. I kind of did. She's quite shy. She doesn't really want that.
<b>Angela Hartnett</b> Okay.
<b>Jamie Laing</b> And I found out in Spain.
<b>Angela Hartnett</b> I love the fact you want the big wedding...
<b>Jamie Laing</b> Yeah, yeah.

<b>Angela Hartnett</b> She's now saying, you want it, you do it.
<b>Jamie Laing</b> I want the big wedding. And her parents are paying for it. It's a great combo.
<b>Angela Hartnett</b> You hope. After this podcast, maybe not.
<b>Jamie Laing</b> And in Spain, I found out that actually the groom can walk down the aisle first!
<b>Nick Grimshaw</b> Oh, my God Jamie!
<b>Jamie Laing</b> Because I want that moment when the doors open and everyone goes...
<b>Angela Hartnett</b> Oh, my God.
<b>Nick Grimshaw</b> She looks beautiful!
<b>Jamie Laing</b> I'm going to go... and I'm going to have wings. Or I'm going to sing 'This is the greatest show!' as Zac Efron.
<b>Angela Hartnett</b> Oh my God.
<b>Nick Grimshaw</b> But you guys are doing a podcast all about your wedding. And the lead up to the wedding. How is that going? Because, I mean, could you imagine doing a podcast with Neil, about your life?
<b>Angela Hartnett</b> No. God, no.
<b>Nick Grimshaw</b> Well, how is that when you know...
<b>Angela Hartnett</b> If she's shy, that's quite a big deal.
<b>Nick Grimshaw</b> It is a big deal! How is it, when you wrap up and go home, rows caused because of the podcast?
<b>Jamie Laing</b> We don't talk, we then go into our separate rooms and then I see her.
<b>Nick Grimshaw</b> Just talk when recording.
<b>Jamie Laing</b> That's the only time we ever talk. Well, the thing is because I did it again, reality show was so long. I'm kind of, kind of used to sharing things, so I don't mind it so much. Sophie not so much. She's far better than me in every single way. So I'm over the moon that I get to marry this incredible person. But then what you do is you then, you get engaged. And then this whole process starts of everyone asking when the wedding is, what's happening? Have you done this? Have you done that? And there's so many things that go on. So I

thought, well, this is quite a funny thing to document, so why don't we document the process of getting married? Because it seems to happen, everyone seems to be having this process from, you know, wedding scents to tablescaping. I got an email today about tablescaping.
<b>Angela Hartnett</b> What is tablescaping?
<b>Jamie Laing</b> I don't know. I don't know what it is.
<b>Nick Grimshaw</b> Tablescaping is sort of like the architectural design of your dinner table.
<b>Angela Hartnett</b> Oh my god.
<b>Jamie Laing</b> This is, here we go.
<b>Nick Grimshaw</b> Yeah.
<b>Jamie Laing</b> I also want Jurassic Park theme music, which I think would be really fun.
<b>Angela Hartnett</b> Okay.
<b>Nick Grimshaw</b> No Jamie.
<b>Jamie Laing</b> Yeah. I said, I promise you, everyone loves it. And then when you...
<b>Nick Grimshaw</b> But that's like...
<b>Angela Hartnett</b> What does Sophie say?
<b>Jamie Laing</b> She hates the idea.
<b>Angela Hartnett</b> Yeah exactly. Right, stop it, you've got to let her do stuff, it's not about you, young man.
<b>Nick Grimshaw</b> You can't. Because everyone likes EastEnders so you've got to have that as one of the hymns.
<b>Jamie Laing</b> Because, you know, if we were sitting here like, oh, I'm going to have a mint tea, everyone would go, oh, I'll have a mint tea too. It's like one of those things that people... Or like a Bloody Mary is the same thing. Yeah. So I think if, if you start hearing the Jurassic Park theme tune, everyone will go, oh, that's the Jurassic Park theme tune.
<b>Angela Hartnett</b> And then they'll go, what idiot chose this?
<b>Nick Grimshaw</b> They'll know. It's quite epic for your arrival.

<b>Jamie Laing</b> And then, and then you kick over. We're not even, we're outside, so I don't know why I'm kicking.
<b>Nick Grimshaw</b> Yeah. Kicks them out.
<b>Jamie Laing</b> Kick a chair. It's, it's not even a wedding.
<b>Nick Grimshaw</b> It's not a wedding you're describing.
<b>Angela Hartnett</b> No, not at all.
<b>Nick Grimshaw</b> So what are you going to do for food at the wedding? Because it's a tricky one innit, because you've got to cater for everyone.
<b>Jamie Laing</b> Well, Angela, in terms of food, I have no idea what I should do.
<b>Angela Hartnett</b> But what do you and Sophie like eating? That's the main thing.
<b>Jamie Laing</b> I'm easy. Anything. But I want it to... Yeah, anything.
<b>Angela Hartnett</b> Do you want it? So is everyone sitting like long tables or is it...
<b>Jamie Laing</b> Long tables.
<b>Angela Hartnett</b> Table service? So are you happy to do like family style where you put everything on the table? People help themselves.
<b>Jamie Laing</b> That could be quite a good idea.
<b>Angela Hartnett</b> Rather than...
<b>Jamie Laing</b> Fajitas! Let's do fajitas.
<b>Nick Grimshaw</b> No.
<b>Jamie Laing</b> Fajitas.
<b>Nick Grimshaw</b> I think not a fajita at a wedding.
<b>Angela Hartnett</b> Where in Spain?
<b>Jamie Laing</b> Sotogrande.
<b>Angela Hartnett</b> Okay. So you're going to have amazing food. Just get them to do loads of tapas and big, like plates of massive lamb just on the table, loads of salads and people help themselves.

<b>Nick Grimshaw</b> But also I think it's quite nice to everyone to help themselves. Because sometimes at a wedding you want everyone to be chatting and getting on.
<b>Angela Hartnett</b> Exactly. Get involved.
<b>Nick Grimshaw</b> Might be a nice conversation starter.
<b>Jamie Laing</b> Oh yeah. You like the lamb?
<b>Nick Grimshaw</b> I love the lamb. Let's be best friends!
<b>Jamie Laing</b> So I think we going to do that. And then we're going to have a big sort of sweetie dessert bar, where you're going to go up and do that. So I think I like that sort of immersive kind of style.
<b>Angela Hartnett</b> Yeah. Everyone helping themselves. Yeah.
<b>Jamie Laing</b> But does it ruin it if the food is on the table? Is that a bit messy or, no, is that quite fun?
<b>Nick Grimshaw</b> I think outside in Spain is quite nice.
<b>Angela Hartnett</b> Yeah. I think it'd be great outside in Spain.
<b>Nick Grimshaw</b> Feeling Spanish.
<b>Jamie Laing</b> Yeah. This is so Spanish. I want everyone like, isn't this so Spanish?
<b>Nick Grimshaw</b> Isn't Spain so Spanish?
<b>Angela Hartnett</b> But do you feel everyone will, like, engage and chat away to each other, because you don't want people then like sitting there with empty plates because they felt a bit nervous about helping themselves. That's the only problem with that, you need to know that people...
<b>Nick Grimshaw</b> Someone as like...
<b>Angela Hartnett</b> You just need to make sure whoever the staff are is just making sure...
<b>Nick Grimshaw</b> Yeah, yeah. So they're like, go on, have a bit more.
<b>Jamie Laing</b> I went to, I went to go on! And they're always Northern as well, go on have a bit more!
<b>Nick Grimshaw</b> Not Spanish. Northern.

<b>Jamie Laing</b> Go on!
<b>Nick Grimshaw</b> Have a bit more!
<b>Jamie Laing</b> I went to this amazing wedding once, which was long tables. It was a Christmas wedding. And someone on the table was dedicated as the head of the table. So when the food came, they would serve up the food.
<b>Angela Hartnett</b> That's a good point.
<b>Jamie Laing</b> What was good about it, is that each table had a name. It was a partridge in a pear tree. Five gold rings, that thing. And so what happened was, is then when everything finished, we sang that song. So whenever it came to the tables turned to sing it, they would all stand up. And we were five gold rings. So honestly, by the end I was on the table. Five gold rings! I was honestly screaming.
<b>Angela Hartnett</b> Yeah.
<b>Jamie Laing</b> It was so good so if you get to, so that's quite good, having a head at the table, almost.
<b>Angela Hartnett</b> I think that's a great idea because then they can coordinate everything there. That's a cool one.
<b>Nick Grimshaw</b> And that song does work all year round.
<b>Angela Hartnett</b> Yeah, yeah, yeah.
<b>Jamie Laing</b> Yeah.
<b>Nick Grimshaw</b> Just do it. So you've got Jurassic Park...
<b>Angela Hartnett</b> Christmas carols.
<b>Nick Grimshaw</b> And Christmas carols. And that's probably all you need.
<b>Jamie Laing</b> And the greatest show. This is the greatest show! That's my first dance!
<b>Angela Hartnett</b> I love it, that's <b>my</b> first dance, not <b>our</b> first dance! You're going to be a solo number, aren't you?
<b>Jamie Laing</b> 100%. Everyone else around... Honestly. How does that start? How does the beginning bit go?
<b>Angela Hartnett</b> Please televise this wedding. Please televise your wedding.

<b>Nick Grimshaw</b> Your wedding. Like, cause I'm getting married, and I keep calling it my wedding, and I'm like, oh, this could be good at my wedding and Mesh says...Your wedding? And I'm like our wedding. The wedding.
<b>Jamie Laing</b> Angela, are you married?
<b>Angela Hartnett</b> Yes.
<b>Jamie Laing</b> How long have you been married for?
<b>Angela Hartnett</b> Five years now. Four, five years.
<b>Jamie Laing</b> Did you have a big wedding?
<b>Angela Hartnett</b> Did actually, about 160 people.
<b>Nick Grimshaw</b> Where did you do it?
<b>Angela Hartnett</b> We did it in the local church. So literally out of my house, you see the church. And you could get married there, do the party there, everything. And you're right about the entertainment, the entertainment. The amount of people that were said to me afterwards, I loved your party. And I said it was a wedding, actually, you know, we did exchange vows.
<b>Nick Grimshaw</b> That's good.
<b>Angela Hartnett</b> Because we had such a... We had two, we had the London Essentials who were this basically jazz band that serenade. So like at one point we were all going Sweet Caroline, like, literally the whole wedding.
<b>Jamie Laing</b> And then played darts.
<b>Angela Hartnett</b> Yeah, exactly. Yeah. Yeah. Yeah.
<b>Jamie Laing</b> And I think just bringing up the crowd and doing it that way.
<b>Angela Hartnett</b> And everyone just got involved. But we did sharing tables like all the food on the table. But I had a lot of people there that I think would just get involved. And we didn't sit with family. I know that sounds weird. We didn't have a head table. I just had all my best mates that knew Neil and I, because I've got a lot of friends that he didn't know. So they are stuck with the family.
<b>Nick Grimshaw</b> Yeah.
<b>Angela Hartnett</b> And then all our friends that we've known together, we all sat at the top table.



<b>Nick Grimshaw</b> You all sat together. So did you do a top table but just of friends?
<b>Angela Hartnett</b> But it, yeah. Yeah, just of mates.
<b>Nick Grimshaw</b> And was it like, higher.
<b>Angela Hartnett</b> Yeah.
<b>Nick Grimshaw</b> I always think that's weird. When you look over like the king.
<b>Angela Hartnett</b> I think you're going to do that Jamie. You're just going to have a crown. It's going to be like, Becks's wedding. You know, they had that throne. They had those two thrones. Yeah.
<b>Jamie Laing</b> No they didn't.
<b>Angela Hartnett</b> Yes they did.
<b>Jamie Laing</b> Actually?
<b>Angela Hartnett</b> They dressed in purple as well.
<b>Nick Grimshaw</b> Yeah. I think the Beckhams wedding should be on your mood board. Because they wore purple.
<b>Jamie Laing</b> No, they didn't.
<b>Nick Grimshaw</b> And they sat on thrones. It's actually kind of fab.
<b>Angela Hartnett</b> You can have your own throne.
<b>Jamie Laing</b> Can I? I might have a throne and surround myself with a moat as well. Yeah. And when everyone has to come visit me, they have to get a little boat. And I just hold my hand out and they have to kiss it. And they have to row back.
<b>Nick Grimshaw</b> I love not even the throne was enough.
<b>Jamie Laing</b> And as they come across on the boat, they have to hum the Jurassic Park theme tune...
<b>Angela Hartnett</b> So tell us about the gift you bought us Jamie.
<b>Jamie Laing</b> So I have a confectionery company called Candy Kittens, which is a vegan confectionery company. So the idea is, is that I started about ten, it's our 10th anniversary this year. It was amazing and you can get them in Waitrose. And so we're gluten free with vegan, we're carbon neutral, we're B Corp. So we're all about creating the best sweet possible.

And we've got all different flavours, they're called Candy Kittens and we have...
<b>Angela Hartnett</b> Who does all the design, is that you?
<b>Jamie Laing</b> Yeah. So me and the team. Yeah. So we do everything.
<b>Angela Hartnett</b> These are watermelon ones.
<b>Jamie Laing</b> These are, these are the watermelon ones.
<b>Nick Grimshaw</b> How appropriate.
<b>Jamie Laing</b> Yeah, these are the watermelon ones.
<b>Angela Hartnett</b> And you have a really sweet tooth or not?
<b>Jamie Laing</b> Yeah. Yeah. Ever since I was a kid. So this is a true story. So when I was a kid, I was scared of the dark and I wasn't allowed sweets because I was too, way too hyper. So when I used to fall asleep at night.
<b>Angela Hartnett</b> Nothing's changed.
<b>Jamie Laing</b> Mmm. I used to share a room with my brother. And I'm scared of the dark, so he'd tell me stories of Jamie's sweet world to help me fall asleep at night. And so, yeah, so I used to dream of this amazing world. Never allowed sweets. And so then all I wanted was a world made of sweets. Sweets, but sweets damage your teeth. So this was my whole dream. So then growing up, I had this whole idea to create a sweetshop.
<b>Nick Grimshaw</b> That's delicious actually.
<b>Jamie Laing</b> I could go into. I can literally bore you for hours about how sweets are made. And, you know, typically, you know, if it says real fruit juice, that's apple juice and orange juice concentrate, right? We have real fruit juice and coconut water and all these different things. So we just try and make the best sweet possible
<b>Angela Hartnett</b> Is everyone getting when they sit at the wedding, a little gift to go?
<b>Jamie Laing</b> Yeah 100%.
<b>Nick Grimshaw</b> I can't believe that's been going ten years Jamie.
<b>Jamie Laing</b> Ten years.
<b>Nick Grimshaw</b> I feel like that's something like your dad says in it.
<b>Angela Hartnett</b> Yeah yeah.

<b>Nick Grimshaw</b> His business has been going ten years.
<b>Jamie Laing</b> Yeah, but what's so funny about businesses right. So if you look at Netflix, for example, what year did you think that Netflix was founded? If you had to guess?
<b>Angela Hartnett</b> 12 years ago.
<b>Jamie Laing</b> 12 years ago? 97.
<b>Angela Hartnett</b> No.
<b>Jamie Laing</b> Yeah, 97.
<b>Nick Grimshaw</b> You got a DVD in the post.
<b>Jamie Laing</b> People think that was what it was, it wasn't actually, Netflix actually, that became Amazon Prime. And then, you know, Oatly, Oatly, which is the oat milk, that started 25 years ago. And so people just don't realise these things... And in Japanese culture, you know, basically about ten years, it takes ten years to become an expert at everything. That's what they sort of say. So you see with brands after ten years, we're ten years old, we're finally going, well, we think we're finally starting now. Yeah. And we think this is when you start to go.
<b>Nick Grimshaw</b> This is really good Angela. So tasty.
<b>Jamie Laing</b> But watermelon is pretty versatile, right? You can use it in lot of different things. I saw people roasting it and so it looks like ham.
<b>Angela Hartnett</b> Yeah.
<b>Jamie Laing</b> They were cutting into it, it looked like a roast ham.
<b>Angela Hartnett</b> Like charred. Yeah, yeah, that's nice. But it works.
<b>Nick Grimshaw</b> Is that worth doing?
<b>Angela Hartnett</b> Not for this. I think it's fine for this, but this is good. I love it.
<b>Nick Grimshaw</b> I love a salad. And I love when people coming over for dinner or lunch, or whatever at yours, when it's the summer. Salads. So easy.
<b>Angela Hartnett</b> It's so easy.

<b>Jamie Laing</b> Yeah. It's also quite hard to not be smug when you, when you make a salad and you put it down the table and you're walking away, ready for them to say something.... Oh it's just a salad.
<b>Angela Hartnett</b> Something I threw together.
<b>Jamie Laing</b> And then someone asked you a question. Everybody says, what's this, and everyone goes, oh.... And you haven't even taken a bite.
<b>Nick Grimshaw</b> The other thing we want to talk to you about is Strictly because we had Giovanni on this podcast a couple of weeks ago.
<b>Angela Hartnett</b> Yeah.
<b>Nick Grimshaw</b> And he was really trying to convince us to do obviously, but Angela's walking in Peru. That's her excuse.
<b>Angela Hartnett</b> Anyway, how did you find it? It was good?
<b>Jamie Laing</b> It was.
<b>Angela Hartnett</b> You came second yeah?
<b>Jamie Laing</b> Yeah, I did. With four people in the final, there's only one winner. So technically, I came second. This is how much I should have won. I was in the dance off more times than anyone ever. Right, okay. Not only that, I looked at the odds, looked at the bookies odds to see who's going to make the final. I knocked JJ Chalmers out. I knocked him out of the competition in the quarter final. I checked the odds in the semi-final. JJ Chalmers, who was out of the competition, his odds were better than I was and I was still in it!. I was 50 to 1 to win, the biggest outsider ever.  But it was, it's the, it's the most intense, hardest thing I have ever done. The only way I can, it's like someone saying you have to swim the channel with a weight on your back. It's literally like that and it's so intense and you... You think you're going to be amazing at it. So honestly, there was you know, I did the cha cha to begin with and I was like, this is going to be easy. And before I went on, they, they dress you up in costumes and all of that. And I wore these white trousers. And literally, as I was about to go on, I was nervous all freaking out. And, and Karen, my dance partner, looked at me and said, by the way, I can see your manhood in your trousers. And I went, are you joking? I'm about to go on in front of 13 million people. So I was standing there, I was the first one on. I was freaking out.
<b>Jamie Laing</b> And the voice went, here we go, 2020, Strictly Come Dancing, Jamie Laing! And the music, I froze and just moved my leg. I didn't know what I was doing. And I turned and saw Karen my dance partner, and there was pure fear in her eyes. And she just said come to me so I ran over to her and started dancing. So horrendous. We were

lucky because we only did ten weeks of it because of the pandemic and things like that. When I was on week ten, because normally you do 14 weeks. When I got to week 10 I just said, I don't understand how you could ever possibly do four more weeks of this.
<b>Jamie Laing</b> And also, for Gio and people like that, it is so intense because you're teaching someone who can't dance, to dance.
<b>Angela Hartnett</b> Yeah.
<b>Jamie Laing</b> And it is just, it's horrific. It's amazing. You should definitely do it.
<b>Angela Hartnett</b> The public loved you, obviously.
<b>Jamie Laing</b> No, they didn't. They voted me out. They said to me, don't check Twitter. And I went, that's got to be quite nice... And I'm in the dance off, I was like, I'm in the dance off, shucks. I was like, but I probably got loads of support. I went on Twitter. The first thing I saw is Jamie is like that turd you can't flush. I was like, this is not a good idea.
<b>Nick Grimshaw</b> Are you sold now Angela?
<b>Angela Hartnett</b> Yeah, I really can't wait to do it. Yeah, public loved you. Useless.
<b>Nick Grimshaw</b> In terms of the work as well, when you watch it on the telly, you think, oh Jamie just like practices that for an hour the other day, and then now he's turned up. It's like full on time.
<b>Jamie Laing</b> Oh, my God, it's full on. And then what happens is, I don't know if, you know when you. Have you ever... When you run a bath, you take a pee before you run a bath. And then as your foot goes in the bath, well you need another pee. It's like an automatic thing, right? Okay, I've, I've got rid of everything in my body, I'm ready. As, as you're about to go on, you go, well I need to go. And obviously when I did the Hercules routine, I honestly thought, I don't think I can swear, I thought I was gonna s*** myself. I was on the dance floor. And it was a Charleston. So every time a leg went up I was like, yeah, killing me.
<b>Nick Grimshaw</b> Oh no! Of all the dances.
<b>Jamie Laing</b> Yes, of all the dances.
<b>All:</b> Laughter
<b>Nick Grimshaw</b> Jamie, thank you so much for joining us. That was really fun.
<b>Angela Hartnett</b> That was amazing.

<b>Jamie Laing</b> And the food was delicious. Thank you so much.
<b>Angela Hartnett</b> Pleasure.Thanks for coming.
<b>Nick Grimshaw</b> Yeah, thank you, Jamie.
<b>Angela Hartnett</b> Good luck Sophie.
<b>Jamie Laing</b> Good luck Sophie, exactly. Yeah.
<b>Nick Grimshaw</b> Jamie Laing everybody. Thanks Jamie.
<b>Nick Grimshaw</b> Follow Dish from Waitrose wherever you get your podcasts. And why not leave us a review on Spotify and Apple Podcasts. And make it positive, only if you liked it - don't lie.
<b>Angela Hartnett</b> All the recipes and drinks can be found on the Waitrose website, at <a href="http://waitrose.com/dishrecipes">waitrose.com/dishrecipes</a> .
<b>Nick Grimshaw</b> Have you ever wanted to ask Angela Hartnett a food related question. Well now you can. Get Michelin Star advice by emailing your questions for Angela to <a href="mailto:dish@waitrose.co.uk">dish@waitrose.co.uk</a> .